

Domestic Violence

Year Group 6

Experience **The dining room**

24 Alcorn Close, Sutton, SM3 9PX

T: 020 8296 1287, F: 020 8296 1284

E: SLC@sutton.gov.uk, W: suttonlifecentre.org

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Setting the scene...

Time to eat! But meal times are not always happy times. Connor and Emmie are sitting at the table. Connor is playing a simple game on his mobile phone. Emmie is colouring, using pencils from her pink fluffy pencil case.

Mum Clear away your colouring things when you've finished that bit, Emmie. Connor put that game away. I need you to help me lay the table.

Emmie In a minute.

Connor Just a sec'.

Mum Is that you?

Dad It's 6 o'clock isn't it. Why isn't my dinner on the table?

Mum I've been out doing stuff for Mum. This is the first cup of tea I've had all day. I'm just laying the table now.

Dad Leave it. I'm reading that! So your Mum's more important than me.

Mum You know it's not that.

Mum Connor! Emmie! I've already told you three times. Put those away.

Emmie What's for dinner? Aw, you know I don't like peas.

Dad Yeah, what is this muck? You promised me roast.

Mum Eat them up, you used to love peas.

Connor whispers to Emmie – Just eat them. I am.

Dad I said you promised me roast!

Mum Look, I'm sorry, we can have roast tomorrow night. I tried. I really did. I just couldn't get to the...

Dad Enough! No more excuses. (He Smashes The Vase Of Flowers Onto The Table.)

Mum Sorry, Emmie, you got me that for my birthday. I'll clean it up.

Emmie But you didn't break it, Dad did.

Dad Stop that noise. I'm going somewhere where I can get a decent meal.

Mum I've got a headache. I'm going upstairs to lie down for a bit.

Connor to Emmie It's not your fault, don't cry. Mum's just upset cos Dad's angry. Do some colouring. You like that.

Emmie It really scares me and I just want it to stop. It doesn't happen at Alice's house. Her mum and dad talk nicely to each other.

Connor If you get scared you can come and talk to me if you want.

Emmie But who do you talk to if you get scared.

Connor A poster at school says there's a phone number you can call if you want to talk to someone privately.

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Setting the scene continued...

Emmie 0800 1111. That's a funny number. Are you going to call it?

Connor 0800 means it's free to call and it won't show up on the phone bill, so Mum and Dad won't know we called it.

Emmie I'm scared of him coming home later.

Connor I'll call it then.

Emmie What are you going to say?

Connor I dunno. I rang before and I didn't say anything.

ChildLine Worker Hello you're through to ChildLine, would you like to speak to someone?

Connor Yes, please.

ChildLine Worker I'm going to transfer you to a counsellor.

Counsellor Hello, you're through to somebody who can talk?

If someone is hurting someone you love in your family or if you want to talk about any problem, big or small, talk to a trusted adult or call ChildLine, **0800 1111**.



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Domestic violence lesson plan

1 Review the scenario in small groups and discuss the following questions:

- What do you think are the key events that have happened?
- How do you think Connor and Emmie are feeling?
- How do you think mum is feeling?
- Why do you think dad is so angry?

2 Recognising our feelings (hot potato activity)

Divide the class into small groups. Ensure the following key words are written separately onto six large sheets of paper: *Angry, Sad, Frustrated, Upset, Confused, Shocked*

Give each group one sheet of paper each.

- Ask the groups to draw or write around their key word all the other words and actions they associate with it. (5 minutes)
- Pass the sheet to the next table, who then read it and add their thoughts. (4 minutes)
- Pass the sheet to the next table, who then read it and add their thoughts. (3 minutes)
- Pass the sheet to the next table, who then read it and add their thoughts. (2 minutes)
- Pass the sheet to the next table, who then read it and add their thoughts. (1 minute)
- Pass the sheet to the first group and review all the suggestions that have been added.
- Each group then highlights the top three suggestions associated with their word.

3 Getting on and falling out

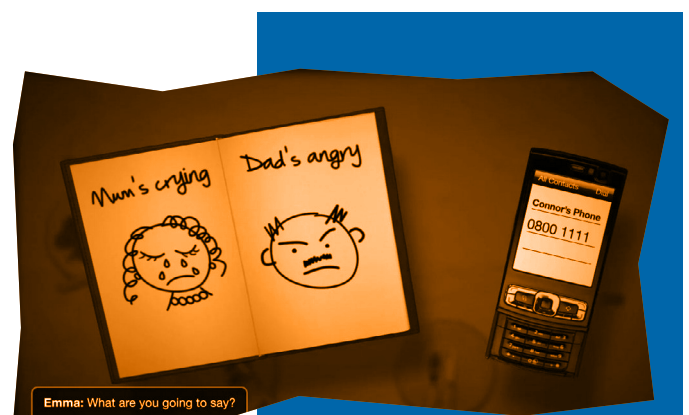
N.B. Make sure the children understand that this exercise is about sharing thoughts or feelings in a classroom that are not sensitive or private matters.

In small groups:

- What sorts of things upset you or make you angry or sad?
- Are there times when these things wouldn't seem so bad?
- Who or what makes the difference?
- As a whole class discuss the statement 'having feelings is OK but actions such as verbal and physical violence from other people is inappropriate.'

4 Plenary: It's OK to talk

As a whole class discuss the people who could help when we are having problems. It is OK to tell someone if for example you feel upset, vulnerable or unsafe.



Emma: What are you going to say?

approximately 1 hour

Angry

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Sad

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Frustrated

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Upset

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Confused

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Shocked

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