

# Bullying at the bus stop

Year Group **6**  
Experience **The Street**

24 Alcorn Close, Sutton, SM3 9PX

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## Setting the scene...

11 year old Ben is standing at the bus stop, a couple of older lads from his school spot him as they are walking past. One of them grabs a packet of crisps out of Ben's hand and holds it up too high for him to reach; Ben tries to grab it back but cannot reach.....

**Ben** "Hey!" Ben jumps up to try to reach them, but can't.

**Bully 1** "That's it, jump for it, shortie."

**Ben** "Give 'em back, they're mine."

**Bully 2** "You can 'ave 'em if you can reach 'em."

**Bully 1** "Here you are, then." Drops the bag of crisps onto the floor from a height, and both walk off.

**Bully 1 and 2** walk away behind the bus stop, where we lose sight of them.

**Girl at bus stop** Picks up crisps and returns them to Ben. "Are you okay? You should tell on them. That was well out of order. I'll come with you to tell an adult if you like."

**Ben** looks thoughtfully at girl and they share the crisps.

**Girl at bus stop voice over** *Bullies pick on things you can't change about yourself, like how you look. Anyway, why should you change?*

**Ben voice over** *If you feel like you've run out of options, you can always take it to an adult you trust. Who would you choose?*

## What do you think...

1. Do you think taking someone's packet of crisps can be bullying?
2. How do you think you might feel if this happened to you most mornings?
3. Who could you talk to if you were feeling sad?



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## Bullying lesson plan

### 1 Clarify the pupils understanding of 'bullying'

- a. Either in small groups or as a whole class activity establish a common language or understanding regarding the term 'bullying'.
- b. Divide an interactive white board or a large piece of paper into two areas with the headings: 'what is bullying' and 'what isn't bullying'. Record any thoughts and ideas and clarify any misunderstandings (information to support this element can be found at [www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk).)

### 2 Develop a short play-let

- a. In small groups develop a two minute play-let/scenario about either 'bullying' or 'relationship' issues without revealing it to the rest of the class.
- b. Deliver your play-let/scenario and ask the rest of the class to decide which it is and the reasons for their answers.
- c. All groups to deliver their play-lets/scenarios.

### 3 What to do if a friend is being bullied. (Hot potato activity)

- a. Divide the class into small groups.
- b. Each group has a piece of paper with the statement 'what to do if a friend is being bullied' written in the centre.
- c. Ask the group to write around the statement all the things they think they could do. (5 minutes)
- d. Pass the sheet to the next table, who then read it and add on their thoughts. (4 minutes)
- e. Pass the sheet to the next table, who then read it and add on their thoughts. (3 minutes)
- f. Pass the sheet to the next table, who then read it and add on their thoughts. (2 minutes)
- g. Pass the sheet to the next table, who then read it and add on their thoughts. (1 minute)

### 4 Reflection time and review

Re-emphasise the difference between bullying and friendship issues.



approximately 1 hour

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