

Smoking choices?

Year Group 6

Experience **The Street**

24 Alcorn Close, Sutton, SM3 9PX

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Setting the scene...

An older sister and her friend Jess are in her bedroom; they have been smoking. The younger sister strides into the room and challenges them.

Younger sister "What you going to give me so I don't tell mum?"

Older sister "Tell mum what?"

Younger sister "It's okay, I know what you've been doing — it stinks in here."

Jess (older sister's friend) "Alright, shut up. If we're caught we'll just tell your mum you was smoking too, so I wouldn't grass if I was you."

Younger sister keeping her voice down, but looking uncertain "Yeah right... whatever."

Older sister and Jess look at each other

Jess to older sister "Shall we let her have a go?" She opens a pack of 10 and teases one out.

Older sister "Why not?"

Younger sister "I don't think so."

Jess "She's scared of getting caught."

Younger sister tensing "Shh! Did you hear something?"

Jess "Chill-out. Go on, have a puff, but this is my final offer?" Makes as if to light cigarette in order to then hand the lit cigarette to younger sister.

Younger sister voice over *Shall I try it, to see what it's like? But everyone knows smoking can kill.*

Jess voice over *This will be hilarious to watch her sister try to smoke. And once she's done it, she definitely won't tell on us. Sorted.*

Older sister voice over *I'm not sure I should let my sister smoke, but I don't want to look stupid in front of Jess.*

Jess "Well, are you going to do it, or not?"

Younger sister voiceover *We can all choose to stay healthy. We can choose to say 'no' what would you choose?*

What do you think...

1. Have you ever been offered a cigarette?
2. How did you/would you deal with the situation?
3. How would you say no?



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Smoking lesson plan

1 A quick review of the experience as a whole class

2 Paired work

a. Divide the class into pairs to discuss the following statement:

- Why do you think young people start smoking?

b. Ask each pair to join with another, review each others responses and then feed back to the main group.

3 Whole class discussion using the following prompt:

- What do you think could be ways we could encourage children and young people NOT to start smoking?

4 Design a leaflet for year 3 pupils

a. Divide the class into small groups and ask them to design an anti-smoking leaflet suitable for year 3 pupils. (They would need to consider the literacy skills of the reader as well as the format and content.)

b. Each group to share their leaflet with one other group.

5 Reflection time

An opportunity to revisit some of the key messages using the leaflets to underpin the discussion.

approximately 1 hour

Possible extension including the leaflet designs for year 3 pupils

