

Bullying at the bus stop

Year Group 8
Experience The Street

24 Alcorn Close, Sutton, SM3 9PX

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Setting the scene...

Kyle a 16 year old is standing at a bus stop and a couple of girls from his class come and wait too. Kyle is an 'emo' – he listens to guitar bands, wears black, and has longish black dyed hair.

Girl 1 "Excuse me – wrong stop – the next bus don't go to the graveyard."

Girls 1 and 2 snigger.

Kyle "What?"

Girl 2 "Well that's what you lot are into, innit, wearing black and thinking about pain and death."

Kyle "No, I just like black."

Girl 1 (to girl 2) "Eugh! C'mon, it might be catching."

Girls 1 and 2 laugh and walk off

Another 16 year old girl has been watching this exchange and walks over.

Girl at bus stop "Are you okay? You should tell someone about them."

Kyle voiceover *All my friends know I'm good for a laugh, but those girls are spreading so many rumours... it's getting beyond a joke.*

Girl at bus stop voiceover *He's amazing – doing your own thing takes a lot of guts, but bullying shouldn't be a part of growing up.*

Girl at bus stop "Come on, if you don't tell anyone about it, you'd get really depressed, and then they'd be right...."

Girl at bus stop voiceover *Bullies pick on the things that make you you – like your looks and clothes. Anyway, why should you change?*

Kyle voiceover *If you feel like you've run out of options, you could always take it to an adult you trust. Who would you choose?*

Know the facts...

No one has the right to hurt you or make you feel bad. If there isn't a trusted adult you can talk to there's Child line or Beat Bullying.



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Bullying lesson plan

1 Clarify the pupils understanding of 'bullying'

- Either in small groups or as a whole class activity establish a common language/understanding regarding the term 'bullying' and the different forms it can take.
- Divide an interactive white board or a large piece of paper into two areas with the headings: 'Bullying – What It Is' and 'Bullying – What It Isn't'. Record any thoughts and ideas and clarify any misunderstandings (information to support this element can be found at www.anti-bullyingalliance.org.uk.)

2 Developing a short play-let

- In small groups develop a two minute play-let/scenario on either 'bullying' or 'friendship' issues without revealing it to the rest of the class.
- Deliver your play-let/scenario and ask the rest of the class to decide which it is and the reasons for their answers.
- All groups to deliver their play-lets/scenarios.

3 What to do if your best mate is being bullied. (Hot potato activity)

- Divide the class into small groups.
- Each group has a piece of paper with the statement 'what to do if your best mate is being bullied' written in the centre.
- Ask the group to write around the statement all the things they think they could do. Who would they tell, how they could provide support etc. (5 minutes)
- Pass the sheet to the next table, who then read it and add on their thoughts. (4 minutes)
- Pass the sheet to the next table, who then read it and add on their thoughts. (3 minutes)
- Pass the sheet to the next table, who then read it and add on their thoughts. (2 minutes)
- Pass the sheet to the next table, who then read it and add on their thoughts. (1 minute)

4 Reflection time and review

Re-emphasise the difference between bullying and friendship issues.



approximately 1 hour

What to do if your best mate is being bullied

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